

VOCAL ENERGISER

Team Building Workshops

Fun, science-based workshops that connect your team in 60 minutes.

- **CONNECTION:** Builds trust in minutes
- **WELLBEING:** Boosts mood, lowers stress
- **ENGAGEMENT**: Turns listeners into participants
- MEMORABLE: Creates moments people talk about for months

EXPERIENCED PRESENTERS

Decades of experience running fabulous workshops, with an emphasis on inclusion and diversity.

BACKED BY SCIENCE

Our programs draw on the amazing work of neuroscientists around the world.

BEST SESSION OF THE DAY

Our clients regularly tell us that our workshop was the highlight of their conference.

www.withonevoice.org.au/vocal-energiser

BOOK NOW

From stress...



WARM UP
Prepare the mind,
body and soul for
action!



LEARN
Piece together the elements of a song.



PERFORM
Commit together,
and celebrate what
we've achieved.



ICE-BREAKER

Get out of our head space, and into our hearts!



ASSEMBLE
Practice our song
together in parts.

...to SUCCESS!!

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