

HUM THAT TUNE

MELODIC CONNECTION



DESCRIPTION:

A nod to the beautiful Dean Skye-Lucas who inspired this lovely exercise – may he rest in peace.

This lovely warm-up idea takes all the difficult bits out of singing, and gets straight to joy and connection, whilst warming up the voice and building connections in your community.

- Pick a well-known song that everyone knows the tune to. 'AAA' or 'ABAB' format songs work best for simplicity's sake.
- Play along on your instrument of choice, and encourage everyone to hum the tune. Complete a verse, or verse + chorus.
- *Do the same, but introduce different vowels (eg: oo, eh, ah) or syllables (eg: vo, ma, zee) each time.*
- *If your room and members' capacity allows, encourage everyone to walk around the room and make connections with each other as they pass (wink, fist bump, nod, etc)*
- *Encourage them to take a moment to listen to each other.*

WHY:

Removing the words to a song frees up a huge part of brains. We no longer need to read, or remember, and it frees us up to connect with ourselves, the song, and those around us. It provides a beautiful opportunity for members to meet each other out of their parts. It also allows us to get straight to the fun bit of singing, without any concept of right or wrong, whilst warming our voices up in a relaxed and enjoyable way.

EXTENSIONS / IDEAS:

You could also play with vocal character – use the chorus lyrics, and give prompts like operatic, pirate, witch, Tom Jones, Mick Jagger, Elvis. Keep it fun and physical!

VIDEO LINK:



PRESENTER:

Chris Blain

GOOD SONGS TO TRY

- Hallelujah (L Cohn)
- Sound Of Silence (S&G)
- Oh When the Saints (trad)
- Sweet Caroline (N Diamond)
- The Rose (B Midler)
- The Carnival Is Over (Seekers)
- The Lion Sleeps (The Tokens)
- Let It Be (The Beatles)
- Fields Of Gold (Sting)
- Lean On Me (B Withers)
- Annie's Song (J Denver)